



SEASON 1 EPISODE 6

Leading with Self-Worth: Tina Caul on Mentorship, Growth, and Building Community

1. **Self-Worth in Leadership**

How does your own sense of self-worth influence the way you lead others, and what steps can you take to strengthen it?

2. **Mentorship and Growth**

Who has played a key mentorship role in your career, and how can you actively seek or provide mentorship to accelerate growth for yourself or others?

3. **Team Culture and Scaling**

What strategies could you use to build a culture where your team feels supported, empowered, and motivated—especially during periods of growth?

4. **Visibility and Community**

How are you currently using your voice and visibility—whether through social media, community, or partnerships—to attract the right people into your circle?

5. **Work-Life Alignment**

What choices can you make to align your professional ambitions with your personal life in a way that feels authentic and sustainable for you?