



## SEASON 1 EPISODE 12

### Balancing Business and Life: Insights from Fractional CEO **Mike Schumm**

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1. How can you incorporate consistency into your daily routine to achieve your long-term goals?
2. What steps can you take to ensure your passions and personal interests are prioritized alongside your professional responsibilities?
3. In what ways can you step outside your comfort zone to foster personal and professional growth?
4. How can you leverage technology, such as AI, to enhance productivity and stay competitive in your field?
5. What strategies can you implement to build stronger relationships with family, friends, and colleagues to support your overall well-being?