

The Success Podcast



for Ambitious Women

Season 1 Episode 6

Leading with Self-Worth: Tina Caul on Mentorship, Growth, and Building Community

1. Self-Worth in Leadership

How does your own sense of self-worth influence the way you lead others, and what steps can you take to strengthen it?

2. Mentorship and Growth

Who has played a key mentorship role in your career, and how can you actively seek or provide mentorship to accelerate growth for yourself or others?

3. Team Culture and Scaling

What strategies could you use to build a culture where your team feels supported, empowered, and motivated—especially during periods of growth?

4. Visibility and Community

How are you currently using your voice and visibility—whether through social media, community, or partnerships—to attract the right people into your circle?

5. Work-Life Alignment

What choices can you make to align your professional ambitions with your personal life in a way that feels authentic and sustainable for you?