

The Success Podcast



for Ambitious Women

Season 1
Episode 2

Reinvention & Resilience:
Tanya Memme's Journey from
Spotlight to Service

1. What goal in your life is worth pursuing relentlessly, even if it means facing rejection hundreds of times?
2. If you slowed down or shifted focus today, what parts of your life might thrive that have been neglected?
3. What new tools, technologies, or skills could you adopt now to reinvent yourself for the next chapter?
4. How can you reframe a recent setback in your own life into a lesson or stepping stone?
5. Who is currently in your "support circle," and how can you deepen or expand that community to help you reach your goals?